



SUMMER 2021

Adult Outdoor League Rules – 7v7

The League will follow the Stadium Sport Leagues adult soccer rules under the “Summer League Rules” available online at www.stadiumsportleagues.com

The Ball

The ball will be an outdoor regulation ball. No Indoor/Futsal balls will be permitted. The Ball must be Size 5.

Registration of Players

Players must complete their Stadium Sport Leagues Player Registration before he or she is allowed to play in a League Game. New players are required to have their registration complete before they are eligible to play. A team playing unregistered players will result in disciplinary action from the league. Players must register online at www.stadiumsportleagues.com under the “Player Registration Waiver”

A player is allowed to play on more than one team as long as these teams are not in the same division on the same league night. The player’s name must appear on the game sheet of both teams he/she is registered for.

No new player registrations will be accepted after the team has played 4 league games. NO EXCEPTIONS.

Teams must have a minimum of seven players registered before they are eligible to play in a league game.

Number of Players

Unless specified otherwise by the Rules of the competition a match shall be played by two teams, each with not more than seven players and not less than four players on the field of play. One of the players shall be the goalkeeper.

Substitutes are made on the fly or at any stoppage of play. The game shall not be delayed to allow substitution, except for the substitution of the goalkeeper.

Unlimited substitution shall be allowed.

When any player other than the goalkeeper is to be replaced, the substitute shall not enter the field of play until the player being replaced is within 1 metre of the bench area. Neither the player entering or the player leaving may interfere with the play while both are on the field. Any abuse of this rule could result in a two minute penalty.

Any of the other players may change places with the goalkeeper, provided that the referee is informed before the change is made, and provided also, that the change is made during a stoppage of the game.

At Michael Power Field, during a Co-Ed game each team must have three women on the field at all times; may include the Goalkeeper.

At Central Tech Stadium, during a Co-Ed game each team must have two women on the field at all times; may include the Goalkeeper.

Start of Play

The game shall commence from the center circle and the ball can be played in any direction. Ball will be kicked in when the ball crosses the sideline. When a goal is scored the game may not restart until both teams have reached their respective end. Any attempt to delay this process or excessive celebration could result in a 2 minute penalty.

The Game

Games must start and finish on time and team must be ready to play at least 10 minutes prior to the scheduled kick off time. A minimum of four players is required to start a game. If a team cannot provide the minimum number within 5 minutes of the scheduled kick off time, they may forfeit the game by a score of 3-0.

The game will consist of two 25 minute halves. Games starting late may have the time reduced. At half time the interval shall not exceed three (3) minutes, except by the consent of the Referee.

All games will consist of six outfield players and a goalkeeper (7v7).

Slide tackling is not permitted. Sliding to keep the ball within the area of play is allowed.

Spitting on the fields could result in a two minute penalty. Repeated abuse could result in a sending off (5 minute penalty) and a \$50.00 fine.

FREE KICKS

All free kicks are indirect (two-touch). Players who encroach within 2 meters of the kicker may be cautioned by the referee. Offensive players who come within two metres of the defensive wall may be cautioned and the free kick will either be re-taken or awarded to the opponent, as per the referee.

PENALTY KICKS

Penalty kicks during regular or overtime shall be taken from the penalty spot. The kick may be taken by anyone on the game sheet for that game.

DISCIPLINE

For a minor infraction - the player will serve a two minute penalty. The player must serve the entire two minutes even if his/her team were to concede a goal.

Fighting will not be tolerated.

Red Cards - Decisions will be made by the league disciplinary committee. Players will have 48 hours after receiving a red card notice to request a hearing. Players must pay a \$50.00 appeal fee.

Red cards will result in a team fine of \$10.00 - \$100.00 depending on the nature of the offence. All fines must be paid before the teams next scheduled league match. Non-payment could result in a forfeit.

If a player is given a red card, he/she shall leave the playing area immediately. The guilty team shall place a player in the penalty box for the full five minutes, no matter how many goals are scored against them. After the five minute period, the team shall return to full strength, excluding the player that received the red card.

If a goalkeeper receives a two minute penalty, his time may be served by another player on the field. For a red card, he will be ejected from the game and will not be allowed to come back to play.

Each team is responsible for the behavior of their spectators. Spectators must remain away from the players benches at all times. Only Individuals indicated on the Game Sheet are allowed on the field/player bench areas.

Game Protest

A team must protest the eligibility of an opposing player before, during or at half time of the game in question. The protest is made to the match referee or league staff. You must point out which player(s) you wish to protest. A limit of two player's eligibility will be checked by the league staff.

Any team found using ineligible players will forfeit that said match by a score of 3-0.

Players Equipment

The player's equipment shall consist of a regular uniform with a number on the shirt that corresponds to his/her number on the Game Sheet. It is mandatory for all players on the team to have the same shirts with different numbers.

The goalkeeper must wear a numbered shirt with colours that distinguish him/her from the other players on both teams.

The number shall be of contrasting colour to the shirt. Footwear shall be running shoes, indoor soccer shoes (Flat sole), Turf Shoe's or outdoor cleats (Molded Stud). No metal cleats or six studs will be permitted.

In the event that the teams have the same colour shirt the home team must change.

Shingards and Socks are mandatory at all times.

Game Sheets

Each player on a team must be represented with a jersey number next to their name on the game sheet. The team captain/representative must sign the bottom of the game sheet.

Referees

A referee will be appointed to each game. He/She shall enforce the laws of the game and his decision at time of game shall be final. He/She must complete the game sheet at the end of each game and report in writing any discipline problems occurring during the game.

The League will not tolerate any abuse to Referees or League officials at any time. Referee's decision or interpretation is final.

LEAGUE TIE BREAKERS

1. Points
2. Goal Difference
3. Most Goals
4. Least Goals
5. Goal Average (Goals against divided by goals for)
6. Coin Toss

COVID-19

Players must maintain physical distancing of 2 meters before, when possible during play, resting/sitting on the sideline and departing the game. Please keep in mind that we are all responsible to make every effort to minimize prolonged or deliberate contact between players. Players must refrain from high-fives, fist/elbow bumps, huddles and shaking hands. According to the Ontario Guidelines, recreational sports leagues can take place so long as they do not allow prolonged or deliberate physical contact between players or if they have modifications to avoid physical contact between players.

If any rule is not covered or there is confusion the league convenor's decision will prevail. The League administration will have final discretion on all league matters.